

# SIT DOWN DINNERS

## FIRST COURSE

### CITRUS & FENNEL

Honey champagne vinaigrette, Arugula, Spinach, Kale, Frisee, Fennel, Candied pecans, Crumbled goat cheese, Pomegranate seeds, Orange segments, Watermelon radish, Fresh herbs

### GREEK SALAD

Cherry tomatoes, Cucumber, Red onion, Bell pepper, Kalamata olives, Feta cheese, Herb infused olive oil, Crispy pita, Garlic & herb ladolemono, Microgreen

### FRENCH ONION SOUP

Trio onion mix, Brandy, Cabernet Sauvignon, Beef stock, Beef fat, Fresh herbs, French bread croutons, Gruyere

### STRAWBERRY SPRING MIX

Organic spring mix, Fresh strawberries, Avocado, Red onion, Walnuts, Goat cheese, Strawberry balsamic reduction, Edible flowers, Microgreens

### LOBSTER BISQUE

Atlantic lobster tail, Lobster stock, Shallot, Compound butter, White wine, Heavy cream, Fresh chives, Lobster meat, Microgreens, Edible flower, Baguette

## SECOND COURSE

### HARISSA ROASTED CAULIFLOWER

Cilantro Tahini dressing, Beet puree, Roasted almonds, Pomegranate pearls, Microgreens

### CAPRESE

Bocconcini, Cherry tomatoes, Prosciutto di parma, Roasted pepper pesto, Fresh basil leaves, Basil oil, Balsamic pearls, Balsamic glaze, Microgreens

### CHICKEN SATAY

Grilled chicken breast, Peanut sauce, Sesame seeds, Scallions, Thai chilli, Cucumber rolls, Cilantro pearls, Cilantro leaves, Thai basil, Lime wedge

### SWEET CHILLI CHICKEN

Chicken Karaage, Thai sweet chilli sauce, Crispy wonton, Black toasted sesame seeds, Thai chilli, Scallions, Edible flowers, Microgreens, Cilantro leaves, Cilantro pearls

### OSSO BUCCO RAVIOLI

Braised veal shank, Brown butter, Fresh herbs, Mushroom, Basil oil, Microgreens, Parmesan crisp

### FALAFEL BITES

Crispy falafel pieces, Tzatziki, Crispy pita, Pickled turnip, Cherry tomatoes, Baby arugula, Sesame seeds, Mint oil

### AGNOLOTTI AI FUNGHI

Spinach & ricotta filled, Red onion, Garlic, Shitake, Oyster, Cremen, Compound butter, White wine, Heavy cream, Parmigiano reggiano, Basil oil, Microgreens

TO ORDER CALL: +1 416-648-5726 OR +1 646-983-8019

EMAIL: [info@blissfulbitesinc.ca](mailto:info@blissfulbitesinc.ca)

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## MAIN COURSE

### CHICKEN MARSALA

Chicken breast, Parmesan risotto, Roasted asparagus, Sperone marsala reduction, Cremini mushroom, Fresh thyme, Fresh parsley, Microgreens

### HERB & CITRUS GLAZED CHICKEN

Chicken breast, Turmeric rice pilaf, Seasonal vegetables, Celeriac puree, Herb compound butter, Natural chicken jus, Herb & wine reduction, Microgreens

### RED WINE BRAISED SHORT RIB

Bone-in beef short ribs, Truffle parmesan potato puree, Roasted carrot, Charred asparagus, Mirepoix, Cabernet Sauvignon reduction, Pearl onion, Crispy potato, Microgreens

### MELANZANE FRITTE

Fried eggplant, Sweet potato puree, Beet puree, Roasted pepper sauce, Braised button mushrooms, Confit tomato & garlic, Argugala, Balsamic reduction, Microgreens, Side pasta

### CHICKEN CORDON BLEU

Chicken breast, Prosciutto di parma, Gruyère, Garlic herb potato puree, Roasted asparagus, Glazed heirloom carrots, Beet puree, Gruyere mornay sauce, Fresh chives, Microgreens

### SLOW BRAISED OSSO BUCCO

Dry aged veal shank, Natural reduction jus, Risotto alla milanese, Mirepoix, Gremolata, Edible flowers, Charred mushroom

### PAN-SEARED SALMON

Salmon fillet, Lemon ricotta risotto, Roasted asparagus, Lemon beurre blanc sauce, Fresh dill, Crispy potato, Microgreens

## DESSERT COURSE

### NONNA'S TIRAMISU

Fresh strawberries, Blueberries, Goldenberry, Whipped cream, Chocolate shavings, Edible flowers, Mint leaf, White chocolate sauce

### PISTACHIO RICOTTA CAKE

Pistachio dust, White chocolate sauce, Fresh blackberries, blueberries, Whipped cream, Mint leaf

### N.Y CHEESECAKE

Choice of caramel, chocolate or strawberry sauce, Whipped cream, Fresh strawberries, Blueberries, Mint leaf, Chocolate shavings

### CHOCOLATE CHUNK BROWNIE

Vanilla bean gelato, Fresh strawberries, Raspberries, White chocolate sauce, Mint leaf, Hazelnut crumble

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