

FAMILY STYLE + BUFFET CATERING

SALADS

GREEK SALAD

Red Cucumber | Tomato | Feta | Kalamata Olives

CAESAR SALAD

Crisp romaine lettuce, House-made Caesar dressing, Shaved parmesan, Croutons

BLISSFUL BITES HOUSE SALAD

Carrots, Tomato, Cucumber, Peppers

SPRING MIX SALAD

Organic spring mix, Fresh strawberries, Avocado, Red onion, Walnuts, Goat cheese, Edible flowers, Microgreens, Lemon dijon vinaigrette

STARCHES

CLASSIC MAC & CHEESE

Three cheese blend, Herb compound butter, Chive

YELLOW RICE PILAF

Turmeric, Onion, Garlic, Chicken stock, Herb compound butter

MEDITERRANEAN PEARL COUSCOUS

Vegetable broth, Vegetables, Kalamata olives, Feta Herbs, Spices,

ROASTED POTATOES

Yukon potato, Extra virgin olive oil, Roasted garlic, Herbs

FARFALLE PRIMAVERA

Zucchini, Red onion, Orange pepper, Cherry tomato, Spinach, Mushroom, Heavy Cream, Grana Padano, Garlic confit, Olive oil, Fresh Herbs

RAVIOLI AL-FUNGHI

Spinach & Ricotta filled, Cremini, King oyster, Shiitake, Heavy cream, Shallot, Olive oil, Butter, Grana Padano

TORTELLINI ALLA VODKA

Tomato Vodka Sauce, Seared Pancetta, Caramelized Shallots, Roasted Garlic, Parmigiano Reggiano

LASAGNA

Slowly braised beef ragu, Pomodoro, Mirepoix, Red wine, Bechamel, Mozzarella, Parmigiano reggiano

LOBSTER MAC & CHEESE

Lobster tail, Pancetta, Herb compound butter, Lemon, 4 cheese blend, Chive

MEXICAN RICE

Chicken stock, Tomato, Vegetables, Herbs & seasoning

POMME PUREE

Yukon potato, Herb compound butter, Roasted garlic, Heavy cream, Chives

PARISIENNE POTATO

Roasted garlic, Smoked paprika, Herbs, Compound butter

LINGUINE FRUTTI DI MARE

Pomodoro, White wine, Garlic, Onion, Olive oil, Butter, Shrimp, Mussels, Clam, Herbs

NDUJA PEPE ROSSO

Conchiglie, Nduja, Roasted pepper, Tomato, Garlic, Shallot, Heavy Cream, Grana Padano, Herbs, White Wine

PENNE BOLOGNESE

Ground beef, Pomodoro, Red Wine Reduction, Fresh Thyme, Parmigiano Reggiano

TO ORDER CALL: +1 416-648-5726 OR +1 646-983-8019

EMAIL: info@blissfulbitesinc.ca

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VEGETABLES

VEGETABLE MEDLEY

Carrot, Broccoli, Red peppers, Zucchini, Extra virgin olive oil, Compound butter, Herbs

RAPINI

Roasted garlic, Chilli, Extravirgin olive oil

BROCCOLINI

Compound butter, Sauteed onion & garlic, Lemon

PROSCIUTTO WRAPPED ASPARAGUS

Prosciutto di parma, Herb compound butter, Extravirgin olive oil, Aged parmigiano reggiano

GLAZED HEIRLOOM CARROTS

Honey, Balsamic glaze, Roasted garlic & onion, - Smoked paprika, Herbs

PROTEINS

MINIMUM ORDERS: 10pc minimum or sold by trays

TRAY SERVING SIZES: Small(S) 6-10 | Medium(M) 12-18 | Large(L) 25-30

CHICKEN PARMIGIANA

House-made Pomodoro | Mozzarella | Basil

EGGPLANT PARMIGIANA

House-made Pomodoro | Mozzarella | Basil

CHICKEN MARSALA

Mushroom | Marsala | Herbs | Heavy cream

SALMON FILLET

Honey mustard glaze | Pan-seared & o

ONTARIO LAMB CHOPS - MARKET PRICE

Herb crusted | Lemon | reduction

VEAL PARMIGIANA

House-made Pomodoro | Mozzarella | Basil

CHICKEN AL LIMONE

Lemon sauce | Oil | Butter | Wine | Herbs

PIRI PIRI CHICKEN

Piripiri marinate | Herbs & spices

CAULIFLOWER STEAK

Herb compound butter | Smoked paprika & cayenne marinade

SEAFOOD

P.E.I MUSSELS

White wine tomato broth, Onion, Garlic, Fresh herbs

ZUPPA DI PESCE

Shrimp, Mussels, Clams, Lobster tail, King crab legs, Calamari, White wine tomato broth, Onion, Garlic, Chilli, Fresh herbs

CALAMARI & SHRIMP

Fried calamari and shrimp, Pancetta, Herb compound butter, Lemon, 4 cheese blend, Chive



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